

APPLIES TO ALL ACFT TRAINING AND TESTING

OFFICER

3-1-1. Officer OPAT Physical Demands Categories

The occupational physical assessment test (OPAT), allows the Army to screen applicants for their ability to succeed in their assigned specialty prior to entering active duty or active duty for training. Local commander are responsible for ensuring the OPAT is administered prior to approval of the soldier's reclassification, or branch transfer when applicable.

The OPAT categories for each officer specialty are:

AOC	TITLE	PHYSICAL DEMANDS CATEGORY
11A	Infantry	HEAVY
12A	Engineer	HEAVY
13A	Field Artillery, General	HEAVY
14A	Air Defense Artillery Officer	SIGNIFICANT
15A	Aviation, General	HEAVY
15B	Aviation Combined Arms Operations	HEAVY
15C	Aviation All-Source Intelligence	HEAVY
15D	Aviation Maintenance Officer	HEAVY
17A	Cyber Warfare	MODERATE
17B	Cyber Electromagnetic Operations Officer (Eff	MODERATE
18A	Special Forces	HEAVY
19A	Armor	HEAVY
25A	Signal, General	SIGNIFICANT
25G	Network Integration	SIGNIFICANT
25Z	Network Integration	MODERATE
27A	Judge Advocate General	MODERATE
27B	Military Judge	MODERATE
31A	Military Police	SIGNIFICANT
35D	All Source Intelligence	MODERATE
35E	Counter Intelligence (CI)	MODERATE
35F	Human Intelligence (HUMINT)	MODERATE
35G	Signals Intelligence/Electronic Warfare (SIGINT/EW)	MODERATE
36A	Financial Manager	MODERATE
37A	Psychological Operations	MODERATE
37X	Psychological Operations, Designated	MODERATE
38A	Civil Affairs (AA & USAR)	MODERATE
38G	Military Government (USAR Only)	MODERATE
38X	Civil Affairs, Designated	MODERATE
42B	Human Resources Officer	SIGNIFICANT
42C	Army Music	MODERATE
42H	Senior Human Resources Officer	SIGNIFICANT
56A	Command & Unit Chaplain	MODERATE
56D	Clinical Pastoral Educator	MODERATE
56X	Chaplain Candidate	MODERATE
60A	Operational Medicine	MODERATE
60B	Nuclear Medicine Officer	MODERATE
60C	Preventive Medicine Officer	MODERATE
60D	Occupational Medicine Officer	MODERATE
60F	Pulmonary Disease/Critical Care Officer	MODERATE
60G	Gastroenterologist	MODERATE

AOC	TITLE	PHYSICAL DEMANDS CATEGORY
60H	Cardiologist	MODERATE
60J	Obstetrician & Gynecologist	MODERATE
60K	Urologist	MODERATE
60L	Dermatologist	MODERATE
60M	Allergist, Clinical Immunologist	MODERATE
60N	Anesthesiologist	MODERATE
60P	Pediatrician	MODERATE
60Q	Pediatric Sub-Specialist	MODERATE
60R	Child Neurologist	MODERATE
60S	Ophthalmologist	MODERATE
60T	Otolaryngologist	MODERATE
60U	Child Psychiatrist	MODERATE
60V	Neurologist	MODERATE
60W	Psychiatrist	MODERATE
61A	Nephrologist	MODERATE
61B	Medical Oncologist/Hematologist	MODERATE
61C	Endocrinologist	MODERATE
61D	Rheumatologist	MODERATE
61E	Clinical Pharmacologist	MODERATE
61F	Internist	MODERATE
61G	Infectious Disease Officer	MODERATE
61H	Family Medicine	MODERATE
61J	General Surgeon	MODERATE
61K	Thoracic Surgeon	MODERATE
61L	Plastic Surgeon	MODERATE
61M	Orthopedic Surgeon	MODERATE
61N	Flight Surgeon	MODERATE
61P	Physiatrist	MODERATE
61Q	Radiation Oncologist	MODERATE
61R	Diagnostic Radiologist	MODERATE
61U	Pathologist	MODERATE
61W	Peripheral Vascular Surgeon	MODERATE
61Z	Neurosurgeon	MODERATE
62A	Emergency Physician	MODERATE
62B	Field Surgeon	MODERATE
63A	General Dentist	MODERATE
63B	Comprehensive Dentist	MODERATE
63D	Periodontist	MODERATE
63E	Endodontist	MODERATE
63F	Prosthodontist	MODERATE
63H	Public Health Dentist	MODERATE
63K	Pediatric Dentist	MODERATE
63M	Orthodontist	MODERATE
63N	Oral & Maxillofacial Surgeon	MODERATE
63P	Oral Pathologist	MODERATE
63R	Executive Dentist	MODERATE

AOC	TITLE	PHYSICAL DEMANDS CATEGORY
64A	Field Veterinary Service	MODERATE
64B	Veterinary Preventive Medicine	MODERATE
64C	Veterinary Laboratory Animal Medicine	MODERATE
64D	Veterinary Pathology	MODERATE
64E	Veterinary Biomedical Scientist	MODERATE
64F	Veterinary Clinical Medicine	MODERATE
64Z	Senior Veterinarian (Immaterial)	MODERATE
65A	Occupational Therapy	MODERATE
65B	Physical Therapy	MODERATE
65C	Dietitian	MODERATE
65D	Physician Assistant	MODERATE
65X	Specialist Allied Operations	MODERATE
66B	Army Public Health Nurse	MODERATE
66C	Psychiatric/Behavioral Health Nurse	MODERATE
66E	Perioperative Nurse	MODERATE
66F	Nurse Anesthetist	MODERATE
66G	Obstetrics & Gynecology	MODERATE
66H	Medical-Surgical Nurse	MODERATE
66N	Generalist Nurse	MODERATE
66P	Family Nurse Practitioner	MODERATE
66R	Psychiatric/Behavioral Health Nurse Practitioner	MODERATE
66S	Critical Care Nursing	MODERATE
66T	Emergency Nursing	MODERATE
66W	Certified Nurse Midwife	MODERATE
67A	Health Services	MODERATE
67B	Laboratory Sciences	MODERATE
67C	Preventive Medicine Sciences	MODERATE
67D	Behavioral Sciences	MODERATE
67E	Pharmacy	MODERATE
67F	Optometry	MODERATE
67G	Podiatry	MODERATE
67J	Aeromedical Evacuation	MODERATE
74A	Chemical, Biological, Radiological & Nuclear (CBRN)	MODERATE
88A	Transportation, General	HEAVY
89E	Explosive Ordnance Disposal	HEAVY
90A	Logistics	MODERATE
91A	Maintenance & Munitions Materiel Officer	MODERATE
92A	Quartermaster, General	HEAVY